reach



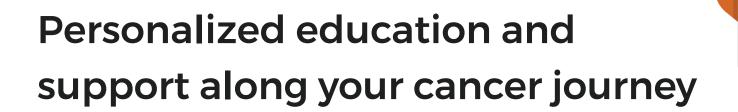
Resources to help you manage your symptoms





Lifestyle tips for managing Lymphedema

Education



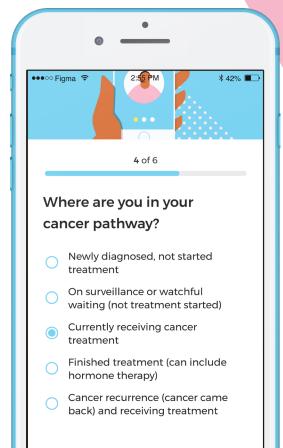
reach is an online tool for cancer rehabilitation, designed by clinicians, researchers, and patients that empowers you to manage your side effects from treatment.

How does *reach* work?

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- Create an account on **reach** using a personal email
- Answer a few short questions about your physical symptoms during and after treatment
- Receive personalized resources to help you manage your symptoms



Register on **reach.uhn.ca** today!

Available for adults with breast, colorectal, lymphoma, or head and neck cancer.

Contact us at reach@uhn.ca



Learn more about reach









